

NGFS High School Summer

Session 1: July 19-23

9am-12pm
Monday-Friday

Mountain Biking - \$125

Who Needs Spanish, Anyway? - \$125

Learn to Play Guitar in One Week! - \$125

Taking It To The Street: 2D - \$160

Fuse with your Muse: Songwriting 101 - \$125*

*Only Afternoon Session - 12:30-3:30

Session 2: July 26-30

9am-12pm
Monday-Friday

Mountain Biking - \$125

Reach Out! - \$125

World Drumming - \$125

3D4U! - \$160



High School Summer Opportunities

for

Rising 9th-12th Grades

July 19th-30th

2015 Pleasant Ridge Road

Greensboro, NC 27410

(336) 299-0964

Email: lauren@ngfs.org

www.ngfs.org

High School Opportunities:

Mountain Biking!

Dust off your helmets and grab your mountain bikes, because a new day, and a new adventure awaits you! Each day of this session, you will explore a new riding trail in Greensboro. Some trails are so secluded; you won't feel like you're in the city anymore! In addition to discovering a new trail daily, a guest speaker will come in and show you how to get your bikes tuned up and ready to roll! This course is limited to six riders per session to allow space for the bikes on the bus. Hurry & register, or you'll be left in the dust! Charles Merritt will be leading this week. (\$125 per student)

Reach Out!

Homeless. Hungry. Help. How many times have you read this and wanted to help, but didn't know where to start, or were, frankly, kind of scared to? Well, here's your chance. In this course, you will be able to extend your hearts and hands to some of the over 1,000 homeless people in Greensboro. We will visit a shelter where we will serve and interview those temporarily living there. We'll also record their experiences to share with our classmates, where we will discuss our findings and take our knowledge to a creative level. The written pieces we produce will be used to encourage others to help as we share with the rest of the program and when we send them back to the shelter to serve as advocacy pieces to raise awareness of the homelessness in Greensboro. So, now that you know *how* to help, do you have the courage to *reach out*?

NGFS High School Summer Registration Form

Please tear off this form and return with a \$50 deposit which will be applied to the balance of your total fee.

Full Name _____ Age _____

Last School Attended _____ Last Grade Completed _____

Parent(s)/Guardian(s) _____

Home Address _____ **Phone Home** (____)-_____

Street _____ **Work** (____)-_____

City/Zip Code _____ **Mobile** (____)-_____

Email address: _____

I wish to enroll in the following session(s): Check date(s) of session desired:

Session 1: July 19-23

(All sessions run 9am-12pm, Monday-Friday except Fuse with your Muse)

_____ Mountain Biking - \$125

_____ Who Needs Spanish, Anyway? - \$125

_____ Learn to Play Guitar in One Week! - \$125

_____ I have my own guitar

_____ Taking It To The Street: 2D - \$160

_____ Fuse with your Muse: Songwriting 101 - \$125*

*Only Afternoon Session - 12:30-3:30

_____ I have my own guitar

Session 2: July 26-30

All sessions run 9am-12pm, Monday-Friday

_____ Mountain Biking - \$125

_____ Reach Out! - \$125

_____ World Drumming - \$125

_____ 3D4U! - \$160

Once you have registered, you will receive a more detailed medical information and permission form to fill out and return to NGFS no later than the first day of the first summer session you are attending.

Who Needs Spanish, Anyway?

How many times have you asked yourself this question, as you sat at a desk, staring at a board full of verb conjugations and upside-down question marks? Wonder no more! In this course, we will talk with professionals in the field to discover exactly who *does* need Spanish in their workplace and how. This hands-on class will not only allow you to explore current-day popular careers of interest to you right IN the workplace, but to also ask professionals *for yourself* how Spanish is integral to their careers, how it can give you an EDGE in your future career, and what Spanish you'll need to know to do the job you *want* to do. And let's share the info with our friends! We'll take FlipCams on our excursions, to record everything you think they need to know, too!

World Drumming

Get your hands ready to dance, and join us for a week-long multi-cultural percussion party! No drum? No problem! Never played, but wanted to? The time is now! Jump right in and enjoy this cultural experience with us. We will explore the origins of (but not limited to) West African, Latin American, Native American, and Irish rhythms and instruments. Our jamming journey will include group drum circles, improvisation, and ensemble performances with a variety of world drums. We will also feature a guest artist, and will showcase our pieces with a culminating performance at Lyndon St. Artworks, which will be free and open to the public! (\$125 per student)

Learn to Play Guitar in ONE WEEK!

That's right, no typo! In one week we will explore beginning note reading, tablature, basic theory, chords, and techniques that will have you strumming with your friends at the next bonfire. We will also cover an introduction to guitar history, which will demonstrate the usages and contexts for multiple types of guitars and genres. You will not only "wow" your friends with your new serenading skills, but will have the knowledge to back it up! We will end the week with ensemble and chordal accompaniment performances. No guitar? We've got you covered. If you have your own acoustic guitar, perfect! (Please indicate on the registration form). This course is for true beginners only. This is what you've been waiting for! Let's play guitar! (\$125 per student)

Fuse with Your Muse: Songwriting 101

If you know how to play a few basic chords on guitar, this is all you need to go from a "hummer-strummer" to a singer/songwriter! This course will include the navigation of alternate tunings, basic chordal theory, song structure analysis, an introduction to various strum patterns and finger-picking patterns. We will transform personal journal entries into lyrics, and also explore a collaborative writing experience. We will conclude with solo and group performances, and each student will have their very own music video to post for friends and family! Please indicate on the registration form if you are bringing a personal guitar or need one. Move over "Iron & Wine," it's *YOUR* time to shine! (\$125 per student)

Staff Biographies!

Lauren Luck is a native of Greensboro, N.C. After receiving an A.A.S. in Sound Engineering, Lauren continued at Guilford College, where she received her B.A. and graduated magna cum laude as a Music major (classical guitar performance) and Visual-Arts minor. Lauren studied guitar under the prestigious Kami Rowan. She continues to be a vital member of the Guilford College Guitar Ensemble, and greater guitar community. In addition, Lauren is the Middle School and Upper Division music teacher at New Garden Friends School in Greensboro, N.C. There she teaches MS Music, Explorations in Music, Studio Guitar, and Instrumental Ensemble. She is also the director of a summer guitar ensemble for adult students.

Charles Merritt has been a wilderness first responder, led multi-day outdoor adventures such as backpacking, caving, whitewater rafting and mountain climbing. He led ropes course activities at Camp Carefree in Stokesdale, NC and Anderson Camps in Gypsum, CO. During a number of his 22 years in Breckenridge he ran an outdoor summer program there. He has worked with middle school students at New Garden Friends School to build a low ropes challenge course. He is also an avid mountain biker and has many miles on the Piedmont trails.

Maura Kern-Beerbower received a Fine Arts degree from the University of North Carolina at Greensboro, graduating magna cum laude, with concentrations in Arts Education and Design in 1998. Also, she was state certified to teach K-12 visual arts at that time. In the years following, she taught various ages of children in Charleston, S.C., Winston Salem, N.C., Greensboro, N.C. and since the fall of 2000, at New Garden Friends School. She has created a wonderful community building event for the high school art students in a bi-yearly Art/Music show which takes place at Lyndon Street Artworks in downtown Greensboro. Maura is a native of Greensboro, N.C. where she resides with her husband, Erik Beerbower, and their two children.

Whitney Wilhelm is a Magna cum Laude graduate of Truman State University of Kirksville, Missouri, a highly selective public school known throughout the mid-west for its education program. After graduating in 2008 with her B.A. in English and minor in Spanish, Whitney went on to receive a Master's of Arts in Education in Secondary Education in 2009. While in college, Whitney was an active member, and later, curriculum coordinator, of *Hablantes Unidos*, a student-run volunteer organization that teaches English to local Hispanic immigrants. Currently, Whitney is the Upper Division Spanish teacher at New Garden Friends School in Greensboro, NC.

Art Sessions

Whether you consider yourself an artist or not, these summer arts programs have a lot to offer. The week will be well spent exploring, learning, experimenting and stretching as we experience the adventurous side of creating art. *All materials and supplies are included in the registration fee.*

Taking it to the Street: 2D

Projects from the first session will focus on two-dimensional works using a variety of traditional and non-traditional materials and techniques. We will get out in the community and look at some local graffiti as well as examples of “Street Art” from around the globe. You will be inspired to create your own works utilizing the techniques shared by many artists, including a large scale piece using individually made stencils and spray painted wood panels. You will also explore the silk screen printing process through the creation of t-shirt designs as we look at the wonderful world of anime. Get ready to dream it, create it and show it (and possibly sell it!) The session will culminate in an end-of the-week art exhibit reflecting our weeks’ efforts at Lyndon St. Artworks in downtown Greensboro and a picnic lunch in Center City Park. (\$160 per student)

3D4U!

This will be an exciting week devoted to three-dimensional art creations. Assemblage, carving, casting and modeling will be a part of our action packed week of creating “in-the-round”. A wide range of materials will be utilized, which may include clay, plaster, metal, wood, and “found objects” with focus on form, space, scale and visual impact. A locally famous guest artist will show off some of his sculpture-making expertise at his studio. All you have to do is be open and ready for adventures in art! The session will culminate in an end-of the-week art exhibit reflecting our weeks’ efforts at Lyndon St. Artworks in downtown Greensboro and a picnic lunch in Center City Park. (\$160 per student)